

SAFE LADDER USE

INSPECT IT. SET IT CORRECTLY. KEEP THREE POINTS.

A ladder is a work-access tool, not a shortcut. The correct ladder must be inspected, placed securely, and used without overreaching.

COMMON HAZARDS

- Bent rails, broken rungs, or damaged feet
- Unstable, uneven, wet, or slippery footing
- Using the wrong ladder type or length
- Standing on prohibited steps or the top cap
- Overreaching or carrying loads while climbing
- Traffic, doorways, or electrical hazards nearby

THE COMMON-SENSE CHECK

- 1 Is a ladder the safest access method?
- 2 Is it rated and sized for the task?
- 3 Did I inspect it before use?
- 4 Is the base level, stable, and secured?
- 5 Can I work without leaning or overreaching?

CONTROL THE EXPOSURE

SELECT

Use the right type and rating.

INSPECT

Remove damaged ladders from service.

SECURE

Set on stable footing and protect traffic.

CLIMB

Face it and maintain three points.

ASK THE CREW

1. Which ladder is correct for today's task?
2. What defects or placement hazards must we check?
3. How will we prevent overreaching and dropped materials?

DATE: _____

SUPERVISOR: _____

CREW / LOCATION: _____